

Let's Celebrate!

Birthdays and holidays are great times to celebrate with non-food items. Below are some suggestions of ways to celebrate your child's birthday or the holidays without food.

- Pencils
- Erasers
- Bookmarks
- Stickers
- Colored pencils or crayons
- Coloring books
- Balls or beach balls
- Puzzles
- Toothbrushes
- Shoelaces
- Play-dough



- Create a birthday hat that your child wears throughout the day
- Send your child's favorite book to class to be read
- Send your child's age-appropriate song to be sung
- Donate a book to the library
- Birthday card
- Art project or craft

